



Jet lag cure claimed

AN Australian company claims to have created the first cure for jet lag.

Bionic Products has manufactured a personal therapeutic ioniser to reduce the risk of contracting airborne infections and tackling jet lag.

Flying has long been known to cause health problems for travellers, including headaches, colds and flu, respiratory problems, jet lag and DVT.

A recent study published in the *Journal of Environmental Health Research* reveals travellers may be more than 100 times as likely to catch a cold on a plane as in normal daily life.

The study attributed this to a number of possible causes, including close quarters, shared air and low cabin humidity.

For short-haul flights, a study by the University of British Columbia has

revealed 20 per cent of passengers on a flight of 2½ hours or longer will have a cold within a week.

Designed specifically for aircraft use, the new ELANRA Air ioniser reduces the risk of contracting illnesses while flying by increasing the presence of nature's own negative ions of oxygen needed to boost the immune system, protect against airborne infections, significantly reduce jet lag, increase circulation and promote restful sleep on long-haul flights.

It is included on the Therapeutic Goods Administration register, complies with all aircraft safety requirements and can be worn comfortably around the neck.

For more information call 1800 352 672.

Price is \$295, plus delivery.



THE ELANRA AIR THERAPEUTIC IONISER.